Resources for Family Discipleship: PRAY

Prayer Templates

When we teach our kids to pray, we are doing more than showing them how to have a conversation with God. We are teaching them that life is out of their control (and out of our control as parents) and that God alone is the one we can always turn to in every situation. Prayer turns our attention away from ourselves and onto God. Here are some prayer templates.

• Pray with your kids to God when they have sinned.

God, ______ is sorry for what he/she said or did. Thank you for being faithful and just to forgive ______ of his/her sins because he/she has confessed to sin. Thank you for cleansing ______ from all unrighteousness. (1 John 1:9)

• Pray with your kids when they are joyful.

God, we delight in your good gifts to ______. Thank you that every good gift and every perfect gift is from above, coming down from you the Father of lights. Thank you that you do not change. (James 1:17)

• Pray with your kids when they need help.

God, ______ needs your help. You are ______'s refuge and strength. You are a very present help in trouble. Because you are God, please help ______ to see that you are working on his/her behalf. (Psalm 46:1)

Articles

- The Value of Praying Parents
- Prayer for Beginners
- 7 Tips to Refresh Your Prayer Life
- Lord, Teach Us and Our Kids to Pray
- Bedtime Prayers with our Children
- How to Pray for Your Children
- Fun Ways to Pray with Your Children

Ideas

• Pray out loud in front of them. Whether it is at dinner time, at bedtime, after Bible time, they will learn to pray by hearing you pray.

- Read a verse together and pray in response. You are showing them how to use Scripture in their prayer life. They will learn from your example.
- Encourage your kids to pray out loud. Praying out loud can be hard and scary so start them young. If you are praying in response to a devotion or Bible reading, this time of prayer helps you as a parent to see what your child understands.
- Start a family prayer journal together. One person can record prayer requests. This gives you a chance to ask your child for a personal prayer request. So often kids want to pray for someone else, but you can teach them to see where they need prayer and to be prayed over.
- Pick topics for each day. Mondays are for missionaries. Fridays are for friends and family. Choose a few things to pray through for each day of the week.
- Start a prayer journal for each child. This is where you journal your prayers for each child as they grow up. Your child would not see this journal until you pass away. You would leave them with something to treasure. As you pray the Bible for your children, you can include those prayers in this journal.
- Find a prayer partner for yourself. You will grow in praying when you regularly meet or call someone and pray together.

Books



1. Piercing Heaven by Robert Elmer

• This book as a ton of puritan prayers that are edited and made to be more readable. This is a great tool for prayer.



2. The Songs of Jesus by Timothy Keller

 The Psalms are the best place to start when it comes to leaning how to pray. Timothy Keller has provided a devotional through every psalm for every day of the year. Each day contains a reading, an explanation, and a prayer. This book is a great tool to teach us how to pray scripture.



3. Praying the Bible By Donald Whitney

• This is a simple short book you can use to learn how to pray the scriptures.